

• Living
The Activities Corner

• Giving
The Welfare Corner

• Connecting
The Membership Corner

• Sharing
Fun, Food, Events & Ads



Rayong Ladies Circle

Reflections

MONTHLY RLC NEWSLETTER

The Rayong Ladies Circle (RLC) was formed in 1994 with the aim of assisting expatriates of all nationalities to settle in Thailand, to foster friendship between members and our Thai neighbours and to promote goodwill in the community by charitable and social work.

Rumi & Vandana

FROM THE EDITOR'S DESK

Hello ladies !

I am sure you are all looking forward to the Christmas holidays.

The Christmas luncheon has been rechristened the 'New Year Luncheon' since many of us will not be here in December. The tentative date is set for January 18.

There's been quite a lull in activities this month. We had the coffee morning and the food delivery but nothing more. We have a started a new activity - 'the walking club' , please contact Najat for further details.

Do you have any suggestions to improve the functioning of RLC? Do you share your thoughts.

“
“
*He who
breaks a
resolution
is a weakling;
He who
makes one
is a fool.*

- F M Knowles



Please note that there will be no Coffee Morning in January since we are having a New Years Luncheon together. Watch your email for details.

~~Coffee Morning~~
Lunch
Tuesday
January 18

Details will be sent via Email

Regular Activites

Tuesday : Golf Morning

When - We meet at 8 am. First tee 8.10 am

Where - Eastern Star starter's box near the first tee.

Contact Kim Harbeck 038602950

Please call a few days in advance, so we can book the right number of tee times.

Tuesday : Tennis Evening

When - We meet at 5 pm

Where - The Eastern Star Tennis Courts

Contact Najat 0813028526

No experience necessary. All are welcome.

Wednesday : Evening Walk *** New Activity

When - We meet at 5 pm

Where - The Eastern Star Condos

Contact Najat 0813028526

Friday : Swimming with Kids

When - We meet from 4.30 pm

Where - The regular pool at Eastern Star

Contact Christine 0890970003

Swim lessons are available from 5 pm.

Monthly : Night Out

Relax with your friends for an informal dinner every month.

Contact Najat Bhombal 0813028526

Let's talk Activities

What activities would you like to participate in during the next few months? Here are a few activities that have been suggested:

- Veggie & Fruit carving
- Jewellery making
- Cooking
- Flower arranging class
- Visits to local attractions

Are you interested in day-long trips to various attractions in Bangkok, etc.?

Your suggestions will also be most welcome.

Email your suggestions to Najat at najatbhombal@yahoo.com

Coffee Scoop

The November coffee morning was held at Rumi's apartment in Ban Chang, Easternstar. Thank you Rumi for opening your home to us!

Khun Nit of the Mee's Beads & Bags was invited. Khun Nit designs and makes jewellery and all kinds of accessories. Like always he had a very nice collection to present to us. Thank you Khun Nit!

Sadly only a few members did attend the coffee morning. We hope with the New Year just in sight, this will change. Please put it on your "to do list" for next year.

Since there will be no coffee morning in December, we hope to see you all at our "New Year Lunch" in January!

- Barbara Braun



In the absence of a committee member to represent the Welfare Team, the newsletter is unable to publish its regular report on RLC welfare activities.

the welfare corner

giving

Thanks Rumi for volunteering for the November Food Delivery. There is still a need for volunteers to help with the food deliveries of December onwards. If you have a couple of hours to spare once a month do step up and help.



November Food Delivery

On the November food delivery Khun Mat, Khun Porn, Vandana and I went and to distribute food packages to some needy people in and around Banchang. We first met a very frail 86-year old, lady who lives all alone in a tiny shed. She survives on the help from her neighbours and the kind support of Banchang hospital. Recently, she hurt her back and cannot walk without a walking aid. We then proceeded to go to a young mother who has a two-month old baby who suffers from hydrocephalus. There is an accumulation of cerebrospinal fluid in his brain and it has to be drained regularly.

Next, we visited another very old lady who lives alone, with her HIV+ daughter who has a speech impediment. The wall of her house is covered with photographs her and her children in better times. It is really sad to see how she has to fend for herself.

The last stop was at Khun Ae's. She is a 33-year old HIV+ woman who lives with her 12-year old daughter. Her house was in a very dilapidated condition. She suffers from diabetes too and has to inject regular doses of insulin.

My earnest request to all members is to volunteer for future food deliveries. Khun Mat and Khun Porn are doing such a noble job of helping those less fortunate than us. It would be such a shame if we do not continue the RLC food deliveries and trust me it takes only a few hours of your time, once a month. If you are interested contact any of the committee members.

- Rumi Ghosh



The little baby who has hydrocephalus

Good reads of the 20th Century

To Kill a Mockingbird
by Harper Lee

The Catcher in the Rye
by J.D. Salinger

1984
by George Orwell

The Lord of the Rings
by J.R.R. Tolkien

The Great Gatsby
by F. Scott Fitzgerald

Harry Potter and the Sorcerer's Stone
by J.K. Rowling

The Grapes of Wrath
by John Steinbeck

Anne Frank: The Diary of a Young Girl
by Anne Frank

The Little Prince
by Antoine de Saint-Exupéry

One Hundred Years of Solitude
by Gabriel García Márquez

source: http://www.goodreads.com/list/show/6.Best_Books_of_the_20th_Century



the membership corner

connecting happy birthday

January	15 Christine Thiery
December	17 Eva Johansson
21 Som Sinhaseni	21 Vandana Baliga
22 Candy Almazan	23 Robyn Opperman

What do you expect from RLC?

I expect from the RLC very good contacts and socially activity.

What keeps you busy? How do you relax?

We are pensioners and teacher for Line-Dance. Line-Dance is a partnerless dance on the line with like-minded peoples and it makes very much fun. We teach every Tuesday afternoon in Jomtien. We go swimming and shopping. We have fun with our cat and like our garden. We like reading books and hear music. We play cards with our friends every week and we are going sightseeing together.

welcome Elfrun



Elfrun Elvers

elfrun.elvers@web.de

How long have you been in Thailand? When did you arrive?

we are living in Thailand 9 month and we arrived Bangkok on February 23rd 2010. Sattahip is our new homeland.

What do you like the most about living in Thailand?

We are married for 43 years and deserted Germany because we want to spend our remaining years in Thailand. We like the friendly peoples, the uncomplicated living and the warm temperatures.

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Advertisement Cost for advertising in the RLC Newsletter

1. Quarter page - 250 Baht / per month
on inner page & on our website in the Supporters Section
2. Half page - 500 Baht / per month
on inner page & on our website in the Supporters Section
3. Full page - 1000 Baht / per month
on inner page & on our website on all pages for one month

RLC publishes 11 issues every year. Should the advertiser pay an advanced payment of 10 issues this will entitle them to 1 free advertisement in the 11th issue.

RLC members are entitled to one free advertisement (or as agreed by the Newsletter Coordinator) i.e. Car for sale, maid for hire etc. However, should the advert be for business purpose then charges apply as above.

Charity Events/Organizations are entitled to one free advertisement (or as agreed by the Newsletter Coordinator).

Details as to 'What's On' in the area or information regarding places of interest to our members can be included into the newsletter for no charge (under discretion of the Newsletter Coordinator).

For more information contact the Newsletter Coordinator
newsletter.rlc@gmail.com



PAN PAN
New PIZZA
BISTRO

Eat all fresco in our pizza bistro!
Try our chef's original Italian woodfired
pizzas from our pizza oven.

show membership card
for 10% discount



The Committee meets once a month. We would like to hear your ideas, suggestions and opinions. Please talk to any committee member, she will bring it up in the next committee meeting.

If you are interested in helping out in any way, do not hesitate. Just call one of the committee members, we are always happy to have more helpful hands within our group.

I think in terms of the day's resolutions, not the year's.
-Henry Moore

we want to hear from you . . .

RLC Members Policy

The members' personal information in this section, in the RLC directory and anywhere else, is for the personal use of RLC members only. It is not to be used for soliciting business of any kind. This includes, but is not limited to, generating customer mailing lists, email distribution lists or sending fax messages in order to advertise goods, services or events.

If you need further information please contact a committee member, or email us at rayongladiescircle@gmail.com



be the difference you want to see
join the committee

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